



THE MAN OF LIFE UPRIGHT (Poem)

Student Learning Outcomes

On the completion of this unit, the students will be able to:

- answer the comprehension questions.
- paraphrase the stanzas.
- classify adjectives into different types and change and use degrees of adjective
- write summary of the poem.
- give personal response with justification.

Pre-reading

- What are the characteristics of a good man?
- How can one face the challenges of the world with determination and zeal?
- What is the role of patience, wisdom and honesty in one's life?

The man of life upright
Whose guiltless heart is free,
From all dishonest deeds,
Or thoughts of vanity:

That man needs neither towers
Nor armour for defence,
Nor secret vaults to fly
From thunder's violence:

The man whose silent days
In harmless joys are spent,
Whom hopes cannot delude
Nor sorrow discontent:

He only can behold
With unaffrighted eyes
The sorrows of the deep
And terror of the skies:

Thus scorning all the cares
That fate or fortune brings,
He makes the heaven his book
His wisdom heavenly things:

Good thoughts his only friends,
His wealth a well-spent age,
The earth his sober inn,
And quiet pilgrimage.

By: Thomas Campion

Reading and thinking skills:

Comprehension

Activity

Answer the following questions.

- Write the qualities of the man of life upright.
- How can we spend a happy life?
- How should we behave at the time of sorrows?
- What is the importance of hope in one's life?
- How can good and sound character influence others?

Critical thinking

- Give your personal response about the poem with justification.
- Write main idea of the poem.

Grammar

Vocabulary

Activity

Use the dictionary and find out the meanings of the given words.

Words

deeds

vanity

delude

discontent

armour

Meaning

Activity

Read the following sentences and write the “type of adjective” in the given spaces. First one is done for you.

Sentences		Adjective Used:
i)	He is an honest man	<u>Adjective of Quality</u>
ii)	I ate some rice.	_____
iii)	Most boys like cricket.	_____
iv)	Fetch me three or four flowers.	_____
v)	He sat in the third row.	_____
vi)	He likes Iranian carpets.	_____
vii)	These mangoes are sour.	_____
viii)	Dog is a faithful animal.	_____

Degrees of Adjectives:

Activity

Write the comparative and superlative degrees of the following adjectives.

Positive	Comparative degree	Superlative degree
clever	_____	_____
difficult	_____	_____
industrious	_____	_____
kind	_____	_____
courageous	_____	_____
young	_____	_____
confident	_____	_____
angry	_____	_____
fast	_____	_____
important	_____	_____

Writing Skills

Paraphrase the following stanza.

The man of life upright
Whose guiltless heart is free,
From all dishonest deeds,
Or thoughts of vanity:

Activity

Write the summary of the poem, 'The man of life upright.'

Summary

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.